

MEDIA RELEASE

September 29, 2008



Mount St. Mary
FOUNDATION

We Love (Sister) Lucy 78 year old Sister of St. Ann enters Royal Victoria Marathon

For the third year running, Sister Lucy Dumont is participating in the Royal Victoria Marathon, helping the Mount St. Mary Foundation with their goal of raising \$25,000 to purchase mattresses and commodes. Sister Lucy, 78, is captain of the “Mount St Marythoners” team. Victoria City Councillor Chris Coleman, who joined Sister Lucy last year, is taking part in this year’s race.

“Even though it’s my third year participating, I still can’t believe I can do it,” said Sister Lucy. “I have had health problems and just a few years ago needed a walker every day of my life. Today, the walker is gone and I can’t wait to cross that finish line.”

“I get so much out of doing this,” said Councillor Chris Coleman. “Not only do I get to help raise money for a Hospital whose history dates back to the formative years of our city, but I get to spend time with Sister Lucy and others, getting exercise while helping improve the quality of life for residents at Mount St. Mary.”

Money collected through pledges will be used to purchase specialty pressure reducing air flow mattresses, for people who are developing pressure sores or who must spend long hours in bed, and portable toilets for people who are unable to use regular bathroom facilities. Four mattresses are required, at a cost of \$3,500 - \$7,000 per mattress, and six commodes are needed, costing between \$1,600 - \$2,800.

Sister Lucy and Councillor Coleman will be walking the 21 km half marathon. To date, XX pledge collectors have registered for the October 12 event. To make a pledge, or join the Marythoners, contact Paula Greene at 250 480-3140 or email pgreene@msmfoundation.ca.

Mount St. Mary Foundation was selected as one of 5 local charities to participate in the Royal Victoria Marathon Charity Pledge Program. Marathon participants are encouraged to raise pledges for local groups, making the most of their marathon experience. For more information on the program or charities, visit www.royalvictoriamarathon.com.

The Mount St. Mary Foundation is a not-for-profit organization, created to support the many valuable programs of Mount St. Mary Hospital and to enhance the quality of life of our residents.

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For more information, contact Mandy Parker, Executive Director
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