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## Your gift of time, energy and experience...

...can make the world of difference. Everyone has something to give, sign up today.

Our Board of Directors is the governing body for the Foundation, supporting fundraising efforts to better the lives of the residents at Mount St. Mary Hospital. They are ambassadors for the Foundation. If you would like to join our Board, or sit on the Sisters of St. Ann Legacy Fund Committee, please contact Mandy Parker, or visit [www.msmfoundation.ca](http://www.msmfoundation.ca).

Current members include: Veronica Osborn, Chair; Diana Patterson, Vice Chair; Pat O'Neill, Treasurer; and Mike Clermont, Ellis Achtem, Faith Magwood, Lisa Nye, and Deane Strongitharm: Members.

## Time for our Tulip Tea.

Mark your calendars for our popular Tulip Tea: Sunday, April 29, 11:00 – 1:00 pm or 1:30 – 3:30 pm at Mount St. Mary. It's the perfect way to celebrate spring. Tickets available in March. Reserve yours early, they go fast!



**HomeFront**  
 THE NEWSLETTER OF THE  
 MOUNT ST. MARY FOUNDATION



**Mount St. Mary**  
 FOUNDATION

## Supporting Catholic Health Care

**A substantial donation from the Diocese of Victoria serves as an example.**

For the Most Reverend Richard Gagnon, Bishop of Victoria, the decision to support Mount St. Mary Hospital with a 5-year \$50,000 commitment was an easy one to make.

"As Christians, we are called to continue the healing mission of Jesus, and to carry on his works of mercy. We see our donation to the Sisters of St. Ann Legacy Fund at the Mount St. Mary Foundation, as a way to fulfill that mission: to care for people in a very loving and long lasting way," says Bishop Gagnon.

In giving to the endowment fund set up to honour the Sisters of St. Ann, the Diocese is

ensuring that their gift will continue to support Catholic health care in perpetuity. "We are lucky to have a facility like Mount St. Mary Hospital in Victoria," says Bishop Gagnon, "Its focus on care for the whole person – physically, emotionally, and spiritually, makes a unique and valuable contribution to health care, not only for those who are Catholic, but for everyone in our region. We hope our donation will serve as an example to others, and that they too will give, so that the hospital will always be able provide excellent care to those in need."

## Will Power

You have the power, though your will, to speak about the things that matter most to you, and to reaffirm the beliefs you hold most dear. This may well be the most significant and powerful gift you have ever given.

For more information about how you can create a gift that reflects your interests and values, visit [www.msmfoundation.ca](http://www.msmfoundation.ca), talk to your financial advisor, or call Mandy Parker at 250-480-3138.

## Thank you!

We can never say thank you enough. Your donations are helping residents live richer, more comfortable, more joyful lives.

Visit us online! Discover more about the Mount St. Mary Foundation at [www.msmfoundation.ca](http://www.msmfoundation.ca)

# HomeFront

MOUNT ST. MARY FOUNDATION NEWSLETTER | WINTER 2009 | VOLUME FOUR | ISSUE ONE

## Will Power inspired by the Sisters

**Donor includes a gift in her Will to honour family and the Sisters for life lessons learned**

Susan Thomson Hermann's family has had a long association with the Sisters of St. Ann. "My grandmother, my parents, my aunts and cousins, we all went to school with the Sisters," says Susan, "I spent 12 wonderful years at St. Ann's Academy, and I learned so much - not only academics, but life lessons: to care for people who were lonely or left out, to be kind and respectful, and to look for the good in everyone."

Thomson Hermann remembered those lessons this past summer, when she attended a celebration dinner to mark the 150th anniversary of the arrival of the Sisters of St. Ann in Victoria. "One of the Sisters looked out at all of us who had been at St. Ann's Academy and told us that we were part of their legacy. That what we did in our lives, and the lessons we taught our children would continue the Sisters' mission into the future. That really struck home for me."

Inspired by the Sister's words, Thomson Hermann decided to leave a gift to the Sisters of St. Ann Legacy Fund in her will. "My parents, Dorothy and Cuthbert Thomson, left a legacy for the Chapel in the new Mount St. Mary Hospital," says Susan, "And giving to the Legacy Fund seemed a natural way to honour them, and to be a real part of the Sisters' legacy. It feels good to know that my gift will help the residents of Mount St. Mary be more comfortable and happier."

A gift to the Sisters of St. Ann Legacy Fund is one that will last long into the future. Because it is an endowment fund, the principle grows over time, and the interest is available year after year to fund essential programs and equipment.

"I'm glad there is a fund like this to give to," says Susan, "It means that my gift will keep on giving for a long, long time."

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**Mount St. Mary**  
 FOUNDATION

If you would like to make a donation to the Mount St. Mary Foundation, or are interested in joining us as a volunteer, please visit [www.msmfoundation.ca](http://www.msmfoundation.ca)

## One man's mission

Decades of volunteering secure the future of Mount St. Mary.



*Peggy spends time with Brian on a regular basis. She is one of over 200 volunteers at Mount St. Mary whose services are extremely valuable to the residents, each and every day.*

There have been a lot of changes at Mount St. Mary Hospital since John Newman became involved over 20 years ago. At that time, the hospital was still located on Burdett Street, and still managed directly by the Sisters of St. Ann. "It was a time of change," says Newman, "The Sisters realized it was time to bring lay people in to manage the hospital, and they were thinking about what to do with the ageing hospital building."

Newman, who has extensive experience in the health care field, volunteered to help the Sisters make the transition to a lay management structure, setting up a Board of Directors and recruiting management staff to take over from the Sisters.

"Changing the management of Mount St. Mary Hospital was only one of the challenges we faced during that time," says Newman. "St. Joseph's Hospital and School of Nursing had closed, and the Sisters were looking for a way to ensure their legacy of health care was preserved on that site. They donated it to government on condition that it was used for health care, but there was no plan about how to accomplish that."

Newman once again took on the challenge. Working with government and the Sisters, he devised a plan that secured land and financing for the new 200-bed Mount St. Mary Hospital on the St. Joseph's site. He also raised hundreds of thousands of dollars in donations towards its construction.

"John's commitment to Mount St. Mary Hospital has been extraordinary," says Blair Dwyer, Chair of Mount St. Mary Hospital, "He has worked tirelessly for over 20 years to ensure the legacy of the Sisters of St. Ann was preserved. Newman isn't finished with Mount St. Mary yet. He now sits on the fundraising committee of the Mount St. Mary Foundation, where his experience, wisdom and foresight are highly valued.

"John has been a rock," says Mandy Parker, Executive Director, Mount St. Mary Foundation, "Whenever we need him, he's there, and whatever we ask of him, he accomplishes."

"I have really enjoyed it all," says Newman, "Everyone at Mount St. Mary is so great, I'm glad I've been able to help them do what they do so well – care for the residents."

## We couldn't have done it without you...

Thanks to your generous gifts, our garden is a safe, accessible and comfortable paradise.

There's something about sitting out in the garden surrounded by the beauty of nature that soothes and restores the spirit. Thanks to the generosity of the Victoria Foundation and the FK Morrow Foundation, and everyone who supported our raffle, we have been able to make that experience even more enjoyable.

These kind donations have allowed us to replace worn tables, chairs, benches and garden umbrellas, plant dozens of new flower bulbs, and create wheelchair accessible planting pots for residents. The beautiful – and durable – new furniture will make the garden safe and accessible to residents and their guests all year round.



*Spring time at Mount St. Mary is a rainbow of colour with over 3,200 tulips in bloom.*

"The Victoria Foundation is happy to support residents of Mount St. Mary

Hospital through this grant from the Ernest and Hazel Kay Fund for Seniors," said Marg Rose, Director of Community Initiatives and Grants for Victoria Foundation, "We know that the people at Mount St. Mary and their families will benefit, and we hope other partners and donors step up to support this peaceful downtown green space."

Liz Turner, whose husband Keith is a resident at Mount St. Mary Hospital says, "Keith and I enjoy the garden all summer long, as do so many of the residents and their families. The improvements make it safer and more pleasant place for all of us. I'm so grateful to everyone who contributed and hope they will visit and see how their generosity has helped create such comfortable, beautiful place."

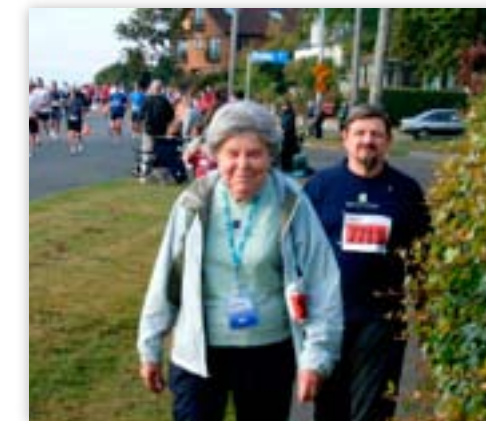
## Make your next challenge count....

Join our 30-year marathon challenge.

To mark the 30th anniversary of the Royal Victoria Marathon in 2009, the Mount St. Mary 'Mary-thoners' team is setting itself a challenge: expand to 30 participants – and raise \$30,000 in pledges for vital hospital equipment. City councillor Chris Coleman says, "I've been inspired by Sister Lucy, who challenges me each year to walk the half marathon. This year, I'd like to

have 30 people – 10 walkers, 10 in the 8 K race and 10 half-marathon runners - we're challenging you to join us!"

Please help the team by walking, running, raising pledges or donating. For more information, call Mandy Parker at the Mount St. Mary Foundation, 250.480.3138.



*Sister Lucy and Chris Coleman during the 2008 Royal Victoria Half Marathon.*

## Yes! I would like to make someone smile today and everyday.

### MONTHLY GIVING

I would like to give \$\_\_\_\_\_ a month. Please...

- Deduct from my credit card on the 15th of each month  Find my post dated cheques enclosed

### GIVING OPTIONS

- Cheque / money order (payable to the Mount St. Mary Foundation)  Visa  Mastercard  American Express

Card number: \_\_\_\_\_  
Expiration date: \_\_\_\_\_  
Name on Card: \_\_\_\_\_  
Authorized signature: \_\_\_\_\_

### PLEASE FIND MY GIFT ENCLOSED:

- \$25  \$100  \$500  
 \$50  \$250  other \$ \_\_\_\_\_

### ESTATE GIVING

I would like to help build the legacy. Please tell me more about:

- Making a bequest in my Will  Attending an information session on charitable giving through my estate  
 Gifts of life insurance, charitable annuities, property or securities  I have included Mount St. Mary Foundation in my Will

### DONOR INFORMATION:

Anonymous  
Name (Mr./Mrs./Ms.): \_\_\_\_\_  
Address: \_\_\_\_\_  
City: \_\_\_\_\_ Province: \_\_\_\_\_  
Postal Code: \_\_\_\_\_  
Phone (home): \_\_\_\_\_ Fax (home): \_\_\_\_\_  
Email: \_\_\_\_\_

### SPECIAL RECOGNITION FOR MY GIFT (OPTIONAL)

- In memory of: \_\_\_\_\_  In honour of: \_\_\_\_\_  
Name (Mr./Mrs./Ms.): \_\_\_\_\_

Thank you for your generous support.

Mount St. Mary Foundation is committed to supporting the Hospital through fundraising. We keep your name, address, giving information and notes regarding your giving interest on file to acknowledge your gift, provide you with a charitable tax receipt, communicate information about the Hospital or Foundation and invite support. A copy of our Privacy Policy is available from the Foundation. Charitable registration no. 88361 5809 RR0001

Mount St. Mary Foundation  
861 Fairfield Road  
Victoria, BC V8V 5A9

### Our Vision

*We are the Foundation of choice, ensuring sustainable funding for enriched resident care.*

### Our Mission

*Raising money for programs and equipment that enrich the lives of residents of Mount St. Mary Hospital.*

### Our Values

*Community, Accountability, Openness, Integrity, Caring, Respect.*

### Speaker's Bureau: Do you need a Guest Speaker?

*We offer informative, presentations on a variety of topics, including how to make a gift through your Will, the Sisters of St. Ann Legacy Fund and the history of Mount St. Mary Hospital. Visit [www.msmfoundation.ca](http://www.msmfoundation.ca)*