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MOUNT ST. MARY FOUNDATION
861 FAIRFIELD RD
VICTORIA BC V8V 5A9



The Sisters of St. Ann Legacy Fund

A gift that will last forever –

The Mount St. Mary Foundation has created a permanent endowment fund to honour the outstanding contribution the Sisters of St. Ann has made to health care in Victoria. Since four Sisters arrived here in 1858, they have dedicated themselves to both education and caring for the sick. The Legacy fund will continue their mission by supporting:

- Palliative Care and Practical Nursing Education
- Spiritual Care
- Music Therapy
- Volunteer Services, and
- Resident Activities

Find out how you can become part of this legacy. Call Mandy Parker at 250-480-3138

Thank you for your support.

A full and active life is a gift.

That everyone deserves –

Our residents bring their interests, their sense of humour, and their need for activity with them when they come to Mount St. Mary. That’s why we offer such a wide choice of stimulating activities and entertainment – we want everyone to find something they enjoy.



Please help us continue and improve our:

- Pet Care Program, \$4,700
- Resident Activities and Programs, \$3,000
- Art Club, \$2,000
- Outings in our Van, \$6,300

Sometimes, comfort is the only gift that matters.

Our residents need your help.



Mount St. Mary
FOUNDATION

Mount St. Mary Foundation
861 Fairfield Road, Victoria, BC V8V 5A9
T: 250-480-3138 | F: 250-480-3139
www.msmfoundation.ca



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Comfort matters to us all.

Ninety percent of the people who live at Mount St. Mary Hospital have severely limited mobility – some are completely bedridden. These beloved mothers and fathers, grandparents, brothers and sisters, friends, must cope with extremely difficult challenges: chronic and progressive diseases, multiple medical conditions, dementia or physical limitations, as well as a loss of independence and familiar surroundings.



For these people, comfort is often the only gift that matters. Frail bodies need the comfort of specialty mattresses and chairs, independent souls need the comfort of continued self-sufficiency, and everyone's spirit needs the comfort of personal connections, familiar rituals, and the solace only music can bring.

These things are yours to give. Please help.

Freedom from pain is a gift.

When a bed or chair becomes your world–

When you can't move easily, a specialty mattress can be as vital in protecting your health as the medicines you take. It protects fragile skin, prevents painful, potentially fatal pressure ulcers, and remains comfortable even after many hours.

Carefoam chairs are a haven for residents near the end of life, when physical comfort is of the utmost importance. They reduce pressure on joints and allow us to reposition residents who cannot move by themselves. Right now, we have just two Carefoam chairs for 200 residents – both in constant use.

When you think of commodes, you probably don't think of independence, but that's just what they mean to our residents. Commodes let them get to and from the washroom and shower by themselves – privacy, dignity and independence intact.

Did you know that government funding covers only a small portion of the cost of hospital equipment? This year alone, we need:

- 3 Pressureguard Easy Air mattresses, \$7,050 each
- 25 Hospital mattresses, \$700 each
- 8 Heavy-duty, all-purpose shower commodes, \$2,800 each
- 7 Slings for patient transfers, \$300 each
- 10 Floor cushions, \$265 each

A peaceful spirit is a gift.

When you're surrounded by change –

Everyone finds the loss of familiar surroundings, reduced independence, and changes in health or mental abilities stressful. Our Spiritual Care counselors help residents adjust, through one-on-one counseling and spiritual guidance. And as the end of life nears, staff trained in palliative care help residents find peace and comfort to the last moment. Please help us provide:

- 4 Practical Nursing Education, \$4,000
- 20 staff to attend Hospice Palliative Care Training, \$20,000
- 20 staff to attend Advanced Education, \$10,000

A moment of connection is a gift.

When memories fade –

Research shows that music has a profound ability to build human connections and rekindle memories. Music therapists are trained to build on these moments, to create a strong human bond – sometimes the strongest connection a resident has to the world around them. Please help us provide:

- 18 hours of professional music therapy a week, \$1,044
- Soundbeam technology, \$7,500

Yes. I would like to give the gift of comfort to the residents of Mount St. Mary Hospital.

Please send an acknowledgement of my gift to:

Name: _____

Address: _____

Postal Code: _____

Please use my gift for:

- Hospital Equipment Music Therapy
 Spiritual Care Sisters of St. Ann Legacy Fund
 Activities The greatest need

Please find my cheque or money order (payable to Mount St. Mary Foundation) enclosed for:

- \$25 \$250
 \$50 \$500
 \$100 \$ Other _____

Or please charge my

- Visa MasterCard

Card number: _____

Expiration date: _____

Name on card: _____

Authorized signature: _____

Please send my tax receipt to:

Name: _____

Address: _____

Postal Code: _____

Phone Number: _____

- Please send me information about making a planned gift through my will.

Mount St. Mary Foundation is committed to supporting the Hospital through fundraising efforts. We keep your name, address, giving information and notes regarding your giving interest on file to acknowledge your gift, provide you with a charitable tax receipt, communicate information about the Hospital or Foundation and to invite support. A copy of the Foundation's Privacy Policy is available from the Foundation. Charitable registration no. 88361 5809 RR0001.