



## The Sisters of St. Ann Legacy Fund

Joy enjoys precious moments with Juliet. Pets are often seen throughout the hall of Mount St. Mary.

The Mount St. Mary Foundation has established a permanent endowment fund to ensure that the Sisters' legacy of education and compassionate care continues long into the future. This fund will provide long-term, on-going support for programs that sustain the Sisters' mission: palliative care and practical nursing education, spiritual care and music therapy.

Please join us in making this legacy an enduring one, by making a gift to the Sisters of St. Ann Legacy Fund or include the Mount St. Mary Foundation in your will and designate it to the Sisters of St. Ann Legacy Fund. For more information, contact Mandy Parker at 250-480-3138.

Support team captain Sister Lucy Dumont and other Mount St. Marythoners in their efforts to raise \$25,000 by walking, running, and raising pledges during the Royal Victoria Marathon.



The Allen & Loreen Vandekerkhove Family Foundation has donated \$4000 to Mount St. Mary Foundation for the Royal Victoria Marathon Charity Pledge Program as an incentive and challenge to others to contribute or match their gift.



## Monthly gift

### A budget-friendly way to give

"I think it's an ideal way to give," says George Fivey, who makes a monthly donation to the Mount St. Mary Foundation. "It lets me stick to my budget, and I get a nice tax receipt once a year."

George first heard about Mount St. Mary when Foundation Executive Director, Mandy Parker, made a presentation at his church. As caregiver for his wife, Jean, he liked what Mandy said about the home-like atmosphere at the hospital. "I thought, if and when Jean needs more help than I can give her, I want her to go to Mount St. Mary."

Not long after, Jean made the move into her spacious private room at the hospital, where George visits her every day. "She's 1,000 per cent better off here," he says "She's involved in some of the hospital programs, she's well looked after by people who really care about her, and she feels at home."

George decided to make a small donation to the Mount St. Mary Foundation every month rather than a single larger donation increasing the amount when his pension increased. "I don't really have a lot of expenses now," he says, "Giving a little something every month isn't difficult, and the tax receipt really helps at the end of the year. If I ever have a bit extra, I make an extra donation too. I like to know I'm helping out."

The Mount St. Mary Foundation appreciates monthly donations because they provide a steady, reliable source of funding for programs. "Small donations add up," says Mandy Parker, the Foundation's executive director, "Together, they allow us to provide comfort and enjoyment for our residents."



The Sisters continue to have an influence throughout our community today.

## A gift in honour

### One family's story

When Kathleen Marie Rau MacFarlane moved into Mount St. Mary Hospital, she was continuing a long family history of association with the Sisters of St. Ann and the Catholic Church in Victoria.

"My mother is the great-grand-daughter of a pioneer French family who settled in Victoria as merchants in 1859, just a year after the Sisters first arrived in the city," says John MacFarlane, Kathleen's son. "They were strong supporters of the church and contributed to the building of the cathedral and the construction of St. Ann's Convent. Over the years, my relatives have been educated by, cared for and supported by the Sisters of St. Ann, and by other Catholic institutions in the area. Our family has always given back, too. When my mother came to Mount St. Mary Hospital, my sister and I wanted to continue that tradition."

To honour their family's association with the Sisters and the Catholic Church in Victoria, John and his sister Joan Anderson recently made a donation to the Sisters of St. Ann Legacy Fund.

"We see the gift as a way of honouring our family heritage – and of supporting an institution that has been very good to my mother," says John, "Mount St. Mary Hospital made a huge difference to my mother, she really liked it here."

A gift given in honour is a meaningful way to remember a loved one, and helps ensure that residents continue to receive the very best of care.

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Sister Marie Zarowny cuts the cake at the Sisters of St. Ann recognition event along side Mandy Parker.

## Major Gift

### "Where words fail, music speaks" Hans Christian Anderson

To celebrate the 150th anniversary of their arrival in Victoria, the Sisters of St. Ann have donated \$500,000 to the legacy fund established in their honour by the Mount St. Mary Foundation. The donation will support programs for residents, including the hospital's music therapy program.

Allan Slade, music therapist at Mount St. Mary says, "Music is not only soothing, uplifting and comforting to residents, it also provides cognitive stimulation, reaching people, including those living with dementia, in ways words simply cannot."

The Sisters' donation – the largest in the hospital's history – brings the total raised by Mount St. Mary Foundation to \$1.5 million in less than one year towards its \$5 million goal for the Sisters of St. Ann Legacy Fund. The Fund supports resident programs that aren't supported or are only partially supported by others, including spiritual care, volunteer services, resident activities, and palliative and practical nursing education, as well as music therapy.

"We felt this was a wonderful way to ensure that our mission will continue long into the future," says Sister Marie Zarowny, Province Leader of the Sisters of St. Ann.

"This is an extremely generous donation," says Veronica Osborn, Chair of the Mount St. Mary Foundation, "and we're very grateful for it. It will help us keep vital programs alive for the residents and their families."

## HomeFront

THE NEWSLETTER OF THE MOUNT ST. MARY FOUNDATION



Mount St. Mary  
FOUNDATION

### Pledge Drive for Mattresses & Commodes

29th Annual



We need your help! Mount St. Mary Foundation has been chosen as a recognized charity for the Royal Victoria Marathon Charity Pledge Program. We need you to raise pledges; the money you raise will fund much needed commodes for residents. The RVM is for runners, walkers, kids and wheelchair participants. Raising pledges is for any one – participants or not. To learn more, visit [www.msmfoundation.ca](http://www.msmfoundation.ca) or contact Paula Greene.



www.royalvictoriamarathon.com  
Call (250) 658-4520 or email  
info@royalvictoriamarathon.com  
for more information.



## Our Mission

Raising money for programs and equipment that enrich the lives of residents of Mount St. Mary Hospital.

## Our Vision

We are the Foundation of choice, ensuring sustainable funding for enriched resident care.

## Speaker's Bureau: Do you need a Guest Speaker?

Want to know more about Mount St. Mary Foundation? We offer informative presentations on a variety of topics, including the Sisters of St. Ann Legacy Fund and the history of Mount St. Mary Hospital. Visit [www.msmfoundation.ca](http://www.msmfoundation.ca) for details.

## Planning a gift

### Helping you choose how to give

There are lots of creative ways to support the Mount St. Mary Foundation – some are familiar and others you may not know about. Choosing how to give is a very individual process based on your personal goals and family situation.

Tony Southwell, investment advisor with Solguard Peak Securities says, "There are so many creative approaches, it's easy to tailor your gift to meet your needs, whether you want to save taxes, ensure your family is protected, or maximize your donation."

You can give cash, or use your Visa or MasterCard to donate. You can give a deferred gift, such as a bequest in a will,

or an in-kind gift, such as real estate, securities or other tangible property; and you can designate Mount St. Mary Foundation as a beneficiary of a life insurance policy. Or you can set up a charitable gift annuity or charitable remainder trust.

To explain the implications and benefits of each kind of gift, the Mount St. Mary Foundation will host a series of free information sessions, presented by Southwell. The first of these, dealing with gifts of life insurance and annuities, is available to interested groups this fall. To arrange a presentation, please call the Foundation office at 250-480-3138.

## Annual Gift

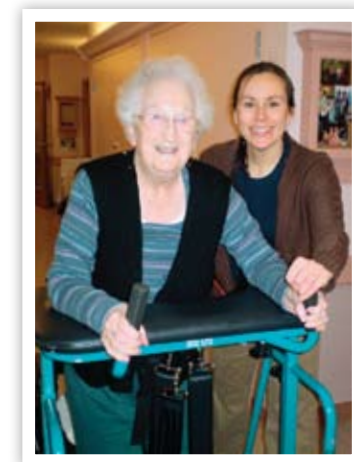
### Yearly donations make a big difference

When Anne Scott worked at Mount St. Mary Hospital, she used a payroll deduction system to make regular donations to resident programs and equipment.

"I saw firsthand what a huge impact these things had on the lives of the residents," says Anne, "It was important to me to do what I could to help."

Anne retired from the hospital in 1999, but came back as a volunteer, where she works in the gift shop and at special events like the Tulip and Strawberry Teas. "My mother-in-law came to live at Mount St. Mary, too," says Anne, "And I could see how great the need was for things like equipment and volunteer programs that are funded through donations. That's why I decided to make an annual gift to the Foundation as well as volunteering."

"Yearly donations are critical to programs like spiritual care, music therapy and recreation," says Mandy Parker, executive director of the



Activity Aide, Marg, assists a resident with her exercises using a high walker.

Foundation. "They create a source of regular funding that we can count on, so we are able to ensure that programs continue from year to year."

"It's wonderful to see the joy on people's faces when they're listening to music or taking part in other activities," says Anne, "People who start out looking sad or lonely begin to smile again. You can just tell how much it means to them. It feels good to know that my small contribution helped make that happen."

## Legacy Gift

### A gift that lasts



Music Therapy promotes and improves physical and mental health.

"I've seen what a big difference small things can make," says Mr. Hall-Patch, who has been visiting friends at Mount St. Mary Hospital for years. "The music program, the art club, the garden group and outings – are all so important to people."

It was a desire to ensure that these programs will be there for residents long into the future that inspired Mr. Hall-Patch and his wife to make a donation to the Sisters of St. Ann Legacy Fund at the Mount St. Mary Foundation.

## Celebration Gift

### Celebrating 100 years of service with a gift

Victoria's Council 1256 of the Knights of Columbus celebrated its 100th year of service in the community by raising funds to purchase a bariatric bed for the Mount St. Mary Foundation. Bariatric beds are specially designed to support the weight of heavier people and allow them to get in and out of bed more easily.

"We're so grateful that the Knights of Columbus chose this way to celebrate their many years of community service," says Carol Finnie, CEO of Mount St. Mary Hospital. "The beds they funded are essential to the comfort, safety and independence of the residents at Mount St. Mary."

To purchase the \$5,000 bed, the Knights hosted fundraising events and sold a commemorative lapel pin. "We held a series of events that included everyone – young and old, current and former Knights from our council, and members of other councils," said Roland Wauthy, Grand Knight of Victoria Council 1256.

"We have been struck by the difference between Mount St. Mary Hospital and other places. It has such a community feel to it and the hospital staff appear to really enjoy what they're doing. I know the Legacy Fund supports programs that help people feel more at home."

The Hall-Patch's have always given to causes that are important to them, even when it wasn't easy. "We made a choice early on to try to help others, and we've kept it up from day one of our marriage," says Mr. Hall-Patch.

"This kind of donation is vitally important," says Ellis Achtem, Chair of the Sisters of St. Ann Legacy Fund. "The Sisters of St. Ann Legacy Fund provides a stable source of funding for programs that really matter to residents – and because it's an endowment fund, the support continues in perpetuity."

Mr. and Mrs. Hall-Patch are just glad they could help. "We wanted to recognize the good work everyone at Mount St. Mary is doing," says Mr. Hall-Patch, "We feel lucky to have been able to give."



Members of the Knights of Columbus at the Mount St. Mary Foundation recognition event.

The Knights of Columbus was founded in 1882, on the principles of charity, unity, fraternity and patriotism. The organization is called the 'strong right arm of the Catholic Church' because its members contribute so much volunteer time to projects that benefit the church and the larger community. The Victoria Council 1256 was established in 1907, and felt that their donation to the Mount St. Mary Foundation was a fitting celebration of their close connection with the Sisters of St. Ann and Mount St. Mary Hospital over the years.

Yes! I would like to support Mount St. Mary Hospital and continue their mission of education and compassionate care.

### Monthly Giving

I would like to give \$\_\_\_\_\_ a month. Please...

- Deduct from my credit card on the 15th of each month  Find my post dated cheque enclosed

### Giving Options

- Cheque / money order (payable to the Mount St. Mary Foundation)  Visa  Mastercard  American Express

Card number: \_\_\_\_\_  
Expiration date: \_\_\_\_\_  
Name on Card: \_\_\_\_\_  
Authorized signature: \_\_\_\_\_

### Please find my gift enclosed:

- \$25  \$100  \$500  
 \$50  \$250  other \$ \_\_\_\_\_

### Estate Giving

I would like to help build the legacy. Please tell me more about:

- Making bequest Gifts of property or securities  I have included the Mount St. Mary Foundation in my estate plans  
 Gifts of life insurance Charitable gift annuities  I would appreciate a call from the Executive Director to discuss the various types of planned gifts

### Donor Information:

- No Receipt Anonymous

Name (Mr./Mrs./Ms.): \_\_\_\_\_  
Address: \_\_\_\_\_  
City: \_\_\_\_\_ Province: \_\_\_\_\_  
Postal Code: \_\_\_\_\_  
Phone (home): \_\_\_\_\_ Fax (home): \_\_\_\_\_  
Email: \_\_\_\_\_

### Special Recognition for my gift (optional)

- In memory of: \_\_\_\_\_  In honour of: \_\_\_\_\_

Name (Mr./Mrs./Ms.): \_\_\_\_\_

Thank you for your generous support.

The Mount St. Mary Foundation is committed to supporting the Hospital through fundraising. We keep your name, address, giving information and notes regarding your giving interest on file to acknowledge your gift, provide you with a charitable tax receipt, communicate information about the Hospital or Foundation and invite support. A copy of our Privacy Policy is available from the Foundation. Charitable registration no. 88361 5809 RR0001

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