

FOR IMMEDIATE RELEASE



Mount St. Mary
FOUNDATION

Unlikely Pair Join Forces for Royal Victoria Marathon

(Victoria, BC – October 1, 2007) Sister Lucy Dumont of the Sisters of St. Ann is pushing Victoria Councillor Chris Coleman to go the extra mile. She has challenged Coleman to match her step for step in the Royal Victoria Half Marathon and dollar for dollar in her pledge campaign for the Mount St. Mary Foundation. The Half Marathon is run in conjunction with the 28th Royal Victoria Marathon on Sunday, October 7.

Only three years ago the feisty, 77-year old nun overcame severe health problems that left her legs so swollen she needed a walker to support every step. In 2006, she walked the entire 21-km half marathon and raised \$6,500 for the foundation.

“My gift of life was restored and now if I can help someone, that’s what I want to do,” says Dumont. “When Councillor Coleman made a comment last year about getting involved, it seemed fitting to ask him to join me.”

“How could I say no to a nun,” responds Coleman. “In a strange piece of irony, when Sister Lucy challenged me 4 months ago, I had no idea that my mother would need to move to a higher level of care and move into Mt. St. Mary’s as she did last week.”

Coleman is joining a true team effort. The ranks of the Mount St. Marythoners have grown from 18 in 2006 to a total of 33 pledge collectors this year, including 10 from BMO Bank of Montreal. They hope to raise \$20,000 from the event to purchase 16 new commode chairs and an active passive trainer for residents.

Mount St. Mary Foundation was selected as one of 11 recognized charities to participate in the Royal Victoria Marathon Charity Pledge Program. Over the years, the event has drawn over 75,000 runners from all over the world and has generated over \$220,000 in charitable donations.

About the Royal Victoria Marathon Pledge Program

The Royal Victoria Marathon recognizes 11 local and provincial charities. The charities are participating in partnership with the event to raise awareness of the individual causes and raise the dollars needed through the collection of pledges. For more information on these charities visit www.royalvictoriamarathon.com.

About the Mount St. Mary Foundation

The Mount St. Mary Foundation is a not-for profit organization, created to support the many valuable programs of Mount St. Mary Hospital that enhance the quality of life for 200 residents. The Foundation raises fund to support Palliative Care and Practical Nursing Education, Spiritual Care, Music Therapy, Resident Activities (including Bus Outings, Pet Care, Art Club & Garden Group) and hospital equipment.

For more information about how to get involved with Mount St. Mary Foundation go to www.msmfoundation.ca, and for more information about the Royal Victoria Marathon go to www.royalvictoriamarathon.com.

FOR FURTHER INFORMATION CONTACT:

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